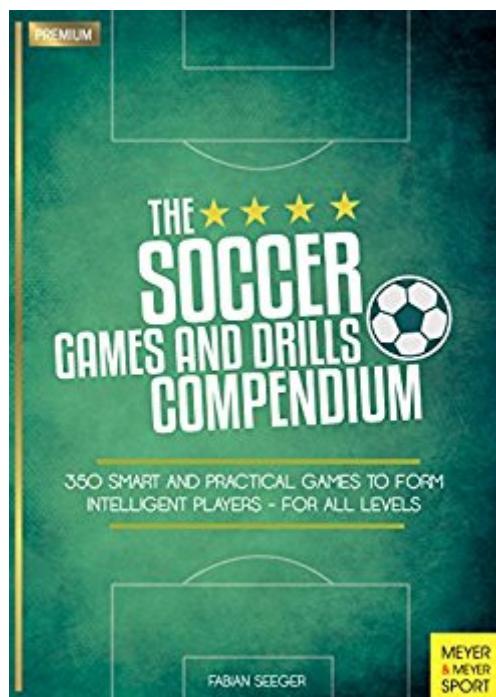


The book was found

The Soccer Games And Drills Compendium: 350 Smart And Practical Games To Form Intelligent Players - For All Levels



Synopsis

Meyer & Meyer Premium • the next level of instructional sports literature with high-quality, full-color books. The Soccer Games and Drills Compendium is a comprehensive compilation of 350 realistic drills and games that facilitate high-quality design and quick implementation of modern soccer training. The many drills are divided into technical, tactical, and fitness-based focus areas. Individual focus areas cover basic training content, such as passing, dribbling, shots on goal, feints, juggling, and 1-on-1 situations, followed by focus areas with differentiated and advanced content, such as transitioning and reacting, chaos and action, game start variations, active defense, tournaments, and topics on tactical training. In addition, this book includes exercises for soccer-specific speed training, athletic and endurance training, indoor training, goalkeeper training, and team building. In this compendium you will find a wide variety of soccer-specific training exercises, and the graphics and practice-oriented design make it an optimal resource for taking effective training content and implementing it on the field. The many variations included with the drills and games make this compilation ideal for training players at all performance levels and age groups.

Book Information

File Size: 42881 KB

Print Length: 362 pages

Publisher: Meyer & Meyer Sport; 1 edition (March 6, 2017)

Publication Date: March 6, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B06XFTBQZ6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #407,092 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #60 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Soccer #150 in Books > Sports & Outdoors > Coaching > Soccer #196 in Kindle Store > Kindle eBooks > Nonfiction

Customer Reviews

Great book of soccer drills broken down by topic. Plan an area to work on, turn to the appropriate chapter and select your drill(s).

This book got recommended to me by a friend of mine (rival coach). Being a soccer coach myself for years, I will have to say this book changed my life. While I used to sit for hours making up exercises that would work out - let's say medium - all I do now is picking them from the book. The author did a great job thinking everything through from the beginning to the end! Everything in the book is explained very well and is easy to understand for trainer and players. That means no more - oh, I haven't thought about this, or this looked great on paper, why isn't this working...! Every innovative coach knows what I'm talking about. The book is a good mix of new as well as different variants of common exercises, that are challenging but not overwhelming for my players. The approach to keep the exercises noticeably relevant for the games ensures a high motivation during practice. To sum it up, this is an outstanding book that makes my job as a coach a lot easier. Although, I'm an experienced coach that read other books like this, this book is the first one that really improved my performance as a coach.

[Download to continue reading...](#)

The Soccer Games and Drills Compendium: 350 Smart and Practical Games to Form Intelligent Players - For All Levels Five Things I Like Almost As Much As Playing Soccer. 1. Watching Soccer. 2. Talking About Soccer. 3. Books About Soccer. 4. Websites About Soccer. 5. ... Pages College Ruled (Composition Notebook) Professional Soccer Finishing Drills: Top Finishing Drills From The World's Best Soccer Clubs The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) 101 Great Youth Soccer Drills: Skills and Drills for Better Fundamental Play (NTC Sports/Fitness) 45 Professional Soccer Possession Drills: Top Training Drills From the World's Best Clubs Fun Soccer Drills that Teach Soccer Skills to 5, 6, and 7 year olds Legends: The Best Players, Games, and Teams in Baseball: World Series Heroics! Greatest Home Run Hitters! Classic Rivalries! And Much, Much More! (Legends: Best Players, Games, & Teams) Legends: The Best Players, Games, and Teams in Football (Legends: Best Players, Games, & Teams) Legends: The Best Players, Games, and Teams in Basketball (Legends: Best Players, Games, & Teams) Coaching The Soccer Brain Using Small-Sided Games:

21 Ways to Manipulate Small-Sided Games In Order to Increase Game Intelligence, Raise The Soccer IQ & Develop Thinkers Soccer iQ Presents Shutout Pizza: Smarter Soccer Defending for Players and Coaches Ronaldo: A Boy Who Became A Star. Inspiring children book about Cristiano Ronaldo - one of the best soccer players in history. (Soccer Book For Kids) Ronaldo: A Boy Who Became A Star. Inspiring children book about Cristiano Ronaldo - one of the best soccer players. (Soccer Book For Kids) Cognitive Soccer Passing Patterns & Exercises: Developing Players Technical Ability, Problem Solving Skills & Soccer IQ MMA, Grappling, and Self-Defense Drills and Warm-Ups: Over 50 Drills, Games, and Warm-Ups That'll Keep Your Students Training Through Black Belt (Martial Arts Business Success Steps Book 9) Youth Volleyball Drills, Plays, and Games Handbook Free Flow Version (Drills and Plays 7) Lonely Planet Seoul - How to travel to seoul with only 350 USD (Travel Guide): How to travel to seoul with only 350 USD (Travel Guide) Soccer IQ: Things That Smart Players Do, Vol. 1

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)